



UTA – UDRUGA TRANSAKCIJSKE ANALIZE



Dear colleagues,

we are happy to invite you to **EATA Summer School of Transactional analysis** that will be held on May, 13. and 14. 2017. in Zagreb, Croatia. We gathered **13** local and international TA teachers and we truly hope you will join us to share this wonderful learning experience!

**SUMMER SCHOOL OF TRANSACTIONAL ANALYSIS  
13. i 14. 5. 2017. HOTEL INTERNATIONAL, ZAGREB**



**BROADEN YOUR PERSPECTIVE  
BY LOOKING THROUGH TA GLASSES**



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## LECTURES AND WORKSHOPS SCHEDULE

**Saturday, 13.05.2017.**

8:30-9:00	Registration	
9:00-09:30	<u>Mediteran room</u> Opening (Vanda Kos Jerković, UTA i Krispijn Plettenberg, EATA)	
9:30-10:30	<u>Mediteran room</u> Mark Widdowson, TSTA-P Activating the internal nurturing parent lecture, language: English	
10:30-10:45	coffee break	
10:45-12:45	<u>Mediteran room</u> Nevenka Miljković, PTSTA-E TA u edukaciji ili edukacijska TA Workshop, language: Serbian	<u>Kornati room</u> Alessandra Pierini, TSTA-P TA Methods in Child psychotherapy workshop, language: English
12:45-14:00	Lunch break	
14:00-15:45	<u>Mediteran room</u> Nada Žanko, TSTA-P Pogled na teenagere iz TA perspektive workshop, language: Croatian	<u>Kornati room</u> Krispijn Plettenberg Looking at organizations workshop, language: English
15:45-16:00	coffee break	
16:00-18:00	<u>Mediteran room</u> Leilani Mitchell, TSTA-P What is Psychological Health? workshop, language: English	<u>Kornati room</u> Barbara Repinc Zupančič, PTSTA-P Can I be just »good enough«? workshop, language: English



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**Sunday, 14.05.2017.**

9:00-10:00	<u>Mediteran room</u> <b>Evelyne Papaux, TSTA-E</b> <b>Round and round the permission wheel</b> lecture, language: English	
10:00-10:30	coffee break /poster presentation TAPACY	
10:30-12:15	<u>Mediteran room</u> <b>Tatjana Gjurković, PTSTA-P</b> <b>Creative and playful supervision</b> workshop, language: Croatian, English	<u>Kornati room</u> <b>Jelena Vrsaljko, PTSTA-P</b> <b>Zaštita u radu s drugačijim klijentima</b> workshop, language: Croatian
12:15-13:30	Lunch break	
13:30-15:30	<u>Mediteran room</u> <b>Mark Widdowson, TSTA-P</b> <b>Principles of effective psychotherapy for anxiety</b> workshop, language: English	<u>Kornati room</u> <b>Peter Flowerdew, PTSTA-P</b> <b>Asperger's in the Therapy Room:</b> <b>Working with a different kind of mind</b> workshop, language: English
15:30-15:45	coffee break	
15:45-17:30	<u>Mediteran room</u> <b>Ana Marija Vidjak</b> <b>Transparency in organizations-</b> <b>model of three cornered contract</b> workshop, language: Croatian, English	<u>Kornati room</u> <b>Josip Bošnjaković, CTA-P</b> <b>Socio-kognitivna transakcijska analiza</b> radionica, jezik: hrvatski
17:30-18:00	<u>Mediteran room</u> <b>Closing time!</b>	

**\*IMPORTANT:** For marked workshops, attendance do not get hours for advance education.



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## ABOUT TEACHERS, LECTURES AND WORKSHOPS IN ORDER OF MAINTANCE:

**Saturday, 13.05.2017.**

**Mark Widdowson**, PhD, MSc, ECP, TSTA, FHEA. UKCP registered psychotherapist. Mark is a senior lecturer in counselling and psychotherapy at the University of Salford, Manchester and is the author of 'Transactional Analysis: 100 Key Points' and also 'Transactional Analysis for Depression: A Step-By-Step Treatment Manual'. He is an active psychotherapy researcher and was awarded the 2014 EATA silver medal for his research.

Mark will have both lecture and workshop. On Saturday morning, he will have **lecture:**  
**„Activating the internal nurturing parent “**

*Not only is self-criticism a key feature of depression and many other disorders, but low-levels of self-compassion contribute towards professional burn-out and lower levels of empathy. In this lecture, Mark will present some of the current thinking in the wider field of psychotherapy on the importance of developing self-compassion and will consider some of the techniques we might use through the lens of transactional analysis psychotherapy to help clients who experience intense self-criticism and how we might develop our own self-compassion to support our practice.*

Date and time of the workshop: Saturday, 13.05.2017. from 09.30 until 10.30  
Language: English

On Sunday, Mark will give **workshop:** **„Principles of effective psychotherapy for anxiety “**

*In recent years, psychotherapy researchers have begun to intensively examine the nature of anxiety and how it can best be treated.*



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*In this workshop, Mark will present contemporary perspectives on the underlying processes which drive anxiety. He will also present the principles of effective treatment of a range of anxiety disorders, based on findings from research and clinical practice. Although the workshop draws on wider psychotherapy research, Mark will interpret and present it through TA glasses and will offer TA practitioners with a framework for therapy with anxious clients.*

Date and time of the workshop: Sunday, 14.05.2017. from 13.30 until 15.30  
Language: English

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**Nevenka Miljković**, PTSTA (E), trainer, counsellor and coach. Born and raised in Belgrade, she lives in Germany now. She is professional trainer for communications, conflict resolutions, coach and supervisor. Nevenka is director of an institute for adult education in Germany now for more than 20 years. She was also vice-president of EATA from 2006 till 2010. In centre of her professional work is education of coaches, coaching, different themes in business communication, leadership and conflict resolutions.

Nevenka will on Saturday have a **workshop** with a title „**TA in education or educational TA**“

*Educational TA is supporting clients in personal and professional development within the educational context. It helps those who learn and those who teach them. Educational TA works with individuals or teams and institutions. How clients of educational TA all are learners - and these are all - and this model of educational TA describes the general relationships between people: communication, needs, roles, permissions, learning styles and work. This workshop will inform you about work mode in educational TA as well as the models used in the work, which are sometimes the same, sometimes related, sometimes different from the model of transactional analysis in other areas.*



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Date and time of the workshop: Saturday, 13.05.2017. from 10.45 until 12.45  
Language: Serbian

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**Alessandra Pierini** is psychologist, TSTA in psychotherapy of ITAA (Intern. Transactional Analysis Ass.) and EATA (European Ass. for Transactional Analysis). She is co-director of the Physis at Centre in Rome where she has her private practice and manages a Master in TA psychotherapy applied to childhood. She works as trainer and supervisor in a TA Institute of Rome. She is Editor of an Italian TA Journal, author of numerous articles in the field of psychotherapy, and she published a book on TA and children. She is President of SIMPAT (Italian Society of psychotherapeutic methods of Transactional Analysis) from 2010.

Alessandra will run **workshop: "TA Methods in Child psychotherapy"**

*This workshop will be focused on interventions in clinical setting with children. Transactional Analysis is a very effective method of treatment with children. The reading of symptoms and child's distress through the script and other TA concepts (Ego states, cathexis, injunctions, etc.) allow the clinician to have a broad range of tools for diagnosis and for clinical interventions. During the workshop, there will be an introductory theoretical part, then, through clinical cases, it will be shown the TA method with regard to neurosis and depression.*

Date and time of the workshop: Saturday, 13.05.2017. from 10.45 until 12.45  
Language: English

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**Nada Žanko**, TSTA, is born and based in Zagreb. She is a professional psychotherapist, teacher and supervisor for TA groups in the territory of ex-Yugoslavia. She developed more than 100 professional programs for immigrants, refugees, war veterans and raped women.



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In the last decade, she develops and educates teachers in preschools and schools, to work with children and teenagers. In the last five years, intensively develops psychotherapeutic approach to children and teenagers. She is the author of two books in Croatian language: Introduction to TA and Interventions in Psychotherapy.

On Saturday, Nada will have a **workshop** with title „ **View on teenagers from TA perspective** “

*The first part describes the behaviour and changes in teenager's ages such as rebellion, sexuality, rapid weight changes, changes in relationships with authorities. The second part deals with the understanding of the changes through TA concept: script, antiscrit, prohibitions and unmet needs. The third part deals with teenager's therapy, therapist flexibility, adapting interventions and techniques. In the last section I discuss the characteristics of TA therapists especially on the ability to negotiate and protect.*

Date and time of the workshop: Saturday, 13.05.2017. from 14.00 until 15.45

Language: Croatian

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**Krispijn Plettenberg**, president of EATA and CTA trainee, started his own consultancy stay amazed every day in 2009. He encourages organizations to engage with the changes going on all around them so they're ready to take an active role in shaping what comes next. Previously, Krispijn worked for twenty years in the corporate world. His key values are diversity and inclusivity. He moved from Amsterdam to Berlin in 2015 with his American-Dutch partner.

On Saturday, Krispijn will have **workshop** with title: „**Looking at organizations (TA in the organizational context)** “

*How do we make sense of what's going on in an organisation? In this workshop, we will exchange our experiences of interacting with organizations.*



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*Think, for example, about travelling with public transport, grocery shopping, visiting a doctor, having a job interview, or participating in meetings at your work. We'll kick-off with an exciting question: can we envision your organisation based on a single metaphor? (And if we can: how does that work?). In the second part, we'll explore if and how we can use key TA concepts to analyse organizations. I'll share examples from my experience with you too. We'll close this part with the opportunity for you to experience how efficient TA can be in 'reading' an organisation. We'll do this in smaller groups where you can discuss your organisational case study or question.*

Date and time of the workshop: Saturday, 13.05.2017. from 14.00 until 15.45  
Language: English

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**Leilani Mitchell** CTA (P), UKCP Reg. Psychotherapist, MBACP (Snr Accred Supervisor) TSTA (P). Leilani is Director of the Link Centre, [www.thelinkcentre.co.uk](http://www.thelinkcentre.co.uk), a TA training centre based in South East England. Leilani is involved in various projects supporting refugees, including managing a warehouse of donations and coordinating the TA Refugee response group. She has held various roles within the TA community both within the UK and Europe. This year Leilani was awarded the Silver Medal by EATA for her contribution to the TA community and particularly for her work promoting TA worldwide.

Leilani will have **workshop: „What is Psychological Health?**

*In TA we have many models that focus on pathology and not so many for health. Whatever your field of TA, psychological health is important. In this workshop we will consider what we really mean when we use this term. We will explore psychological health by looking at ideas such as narrative, resilience, brain function and happiness. Together we will explore your personal and professional experiences and consider our practice as TA professionals. This workshop will be interactive and Leilani will invite you to bring your questions, thoughts and ideas to explore together.*



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Date and time of the workshop: Saturday, 13.05.2017. from 16.00 until 18.00  
Language: English

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**Barbara Repinc Zupančič** primary is pedagogue and sociologist. She has studied TA at IPSA Institute in Ljubljana, Slovenia, and now she is PTSTA (P). She has worked in different areas of social care in the past and she has had her private practice for nine years. She works with adolescents, individual adult clients and couples. Her main interest is working with trauma and with issues of existential anxiety. She is a teacher and supervisor for TA students at IPSA Institute Ljubljana and also visiting teacher in Croatia, UK and Montenegro. She is finishing my specialisation in child psychotherapy and also Integrative Diploma in Supervision.

On her **workshop** Barbara will ask the question: „**Can I be just »good enough«?**

*Nowadays, being perfect means a lot in our society. Clients often have problems how to survive in the world where the best car, the best school, the best grades and the best marriage are represented as desired values. Last neuroscience, psychology and sociology findings show that in early childhood being »good enough mother« is the best heritage for our children. So, where are we positioned as therapists on the scale of bad-good enough-perfect as a model to our clients?*

*How are we satisfied with ourselves, others and with life limits? What kind of contact do we establish with ourselves as a prevention against perfectionism?*

Date and time of the workshop: Saturday, 13.05.2017. from 16.00 until 18.00  
Language: English

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**Sunday, 14.05.2017.**

**Evelyne Papaux**, TSTA-E. She has years of experience as educator, consultant in education, trainer and supervisor in TA. For years she has worked with babies and children and their families, children with special needs, children in homecare. She sees TA as an effective and significant means of prevention in children's education and as a powerful framework for supporting educational professionals in their role and relationship with children, parents, colleagues.

On Sunday morning, Evelyne will have **lecture: „Round and round the permission wheel“**

*Playgroup or school are usually a child's first experience of social life and educators are part of the child's early experiences of relating. It is an opportunity to offer inspiring models or when necessary resilience tutors. TA is a meaningful framework for understanding normal healthy development and growth and for designing an environment promoting emotional health and autonomy. I will share with you how I use TA as « helpful glasses » and show you the perspective of an educational transactional analyst in two different contexts by presenting the permission wheel in the early years' education context and in the supervision context.*

Date and time of the lecture: Sunday, 14.05.2017. from 09.00 until 10.00

Language: English

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**Tatjana Gjurković** is MA psychologist, PTSTA and Registered Play Therapist. Tatjana gained her first working experience as a psychologist in Kindergarten. Now she is co-director of centre for psychotherapy and education, Centar Proventus, [www.centarproventus.hr](http://www.centarproventus.hr). There she provides counselling and psychotherapy for both, adults and children. She works as a trainer and supervisor in the fields of transactional analysis and play therapy.



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Tatjana is an author of first book about play therapy: „ Play therapy: How to use skills to understand children and deepen relationship with him “and co-author of 13 therapeutic books for children. She is a president of Croatian association for play therapy and organizer of training and educations of international experts in the fields of Play therapy and Transactional analysis.

On Sunday morning, Tatjana will have **workshop: „Creative and playful supervision “**

*Supervision is a process where we explore questions regarding client's, supervisee's, and supervisor-supervisee's dynamics as well as wider context that influences therapy process. So, supervision helps clinician to become reflective practitioner, to become more aware of his own inner processes that influences his dynamic with client. The most often way of this exploration is through verbal communication. From the other side, creative and playful interventions in supervision have shown, among other benefits, these: supervisees are more relaxed and they access their unconscious material easier. Or, as Hansen and Dagirmanjian (2011, page 121) wrote "...play in supervision is used to illuminate the clinician's struggle and help the clinician bring forth unconscious material that may be impacting the clinician's capacity to provide a corrective experience for the client." In this workshop we will explore TA perspective on supervision adding to that creative and playful techniques. It will be possible to join the live supervision as supervisee in which case supervisee can count that supervision time for his or hers TA exam.*

Date and time of the workshop: Sunday, 14.05.2017. from 10.30 until 12.15

Language: Croatian, English (depending on the language participants speak)

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**Jelena Vrsaljko**, PTSTA. Jelena has years of experience in working with adolescents and adults through counselling, psychotherapy and education. Since 2012 she is the owner and organizer of various events at the Centre for Education and Counselling "Be yourself", within which she leads psychotherapy, workshops for adolescents and parents, the program "Learning to learn" and education in the field of transactional analysis and neurolinguistics programming.



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In the autumn of 2017 she will start with her school of transactional analysis for a period of four years. Through many years of education and training she gained the following titles: Social worker, NLP trainer, certified transactional analyst in psychotherapy (CTA) and teacher of transactional analysis (PTSTA). On Neuroenergetics - International Institute of Humanistic Neurolinguistics' Psychology in Lancaster 2006 she certified coach neurolinguistics programming (NLP), trainer of humanistic direction in neurolinguistics programming (HNLP-a) and coach.

Jelena will have a **workshop** with the title „ **Protection in work with different clients** “

*Work with different clients carries some of its specifics, but what I see especially interesting is the question of satisfying the "3P" in work with such clients, especially in terms of protection. Different clients of whom I speak are homosexual people. Today in Croatia, we can see the characteristics of a cultural script that practitioners in some areas make difficulties to practice and work. On this workshop I will address several levels of protection when working with different clients: the first level are contamination and search of our blind spots; the second level is connection between script and diversity, where I will introduce two cases; Last level connected with protection will be a cultural script and it's good that practitioners pay attention when working with such clients in purpose to protect.*

Date and time of the workshop: Sunday, 14.05.2017. from 10.30 until 12.15

Language: Croatian

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**Peter Flowerdew** PhD CTA PTSTA. Peter has a private practice in Bristol, UK, he also runs a charity providing counselling and psychotherapy to people between the ages of 9 and 25. He is the head and founder of Contact Point, a UKATA Registered Training Establishment.



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For the past five years he has been developing and providing therapy to children and adults with a diagnosis of Asperger's or strong traits of that syndrome (Aspies). Peter has produced a series of workshops to facilitate understanding and communication between Neurotypicals and Aspies.

On his **workshop**, Peter will talk about: **„Asperger's in the Therapy Room: Working with a different kind of mind.“**

*This workshop day is designed to assist counsellors and therapists to recognise Asperger's traits in their clients, and therefore be able to identify what elements of the client's problem and presentation is based on neurobiology, and what is based on lived experience; that is: what can actually be changed through therapy, and what cannot be changed. The workshop identifies what adaptations are needed in the process and objectives for therapy and why TA is uniquely suited to understanding and empowering these clients. These issues have ethical as well as practical significance.*

Date and time of the workshop: Sunday, 14.05.2017. from 13.30 until 15.30  
Language: English

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**Ana-Marija Vidjak** CTA trainee, coach, professional counsellor. As a Social educator, beginning of professional development is focused on the education of children and minors, family counseling, supportive workshops with ill people and professional workshops for teachers through the social welfare, educational system and several non-governmental organizations. Work experience Ana-Marija acquired in Croatia and the United States. In 2005 she was employed as an internal trainer in the corporation, and organize and manage over 400 soft-skills trainings for employees within the country. In addition, she is engaged in coaching for middle and high management. In 2013 she founded "What if still Ltd." Business Consulting



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where she works as a trainer and coach, and her clients are companies and organizations in Croatia and the region. She is a certified coach and a resident of transactional analysis with over 1,000 hours of additional education, personal growth and development and supervision. She is Ambassador of the Institute for Developmental Transactional Analysis (UK) in Croatia. She is a regular contributor to portal Leader ([www.liderpress.hr](http://www.liderpress.hr)) where in the section "Coach" she answers readers' questions related to business challenges. She was a lecturer at several international conferences and congresses.

In the last block Ana-Marija will have a workshop “**Transparency in work with organizations – model of three-handed contract**”

*As in other areas, educational TA is contractual methods. When working in organizations, either as trainers or coaches, one of the important ways to maintain professionalism and transparency are contracts with the participants as well as with the client. During the workshop, participants will have the opportunity to realize the importance of three handed (or multiple contracts) and the opportunities that exist for their conclusion, look at contracts that are part of their business practices and to exchange their experiences and ideas on the issue of transparency. The workshop is intended for those working in helping professions or as part of a system (organization) or external trainers, educators, coaches.*

Date and time of the workshop: Sunday, 14.05.2017. from 15.45 until 17.30

Language: Croatian

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**Dr. Josip Bošnjaković** is theologian, catholic priest, psychotherapist (CTA-P). He is born on 29.09.1978. in Vukovar and lives in Osijek. He works in Osijek, Đakovo and Zagreb. He has his doctorate since 2012. in the field of psychology of parenting on Pontifical Salesian University 'Salesianum'.



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His doctoral topic was "State of self in young adults in the war and post war circumstances". His research was done on 480 young adults (Vukovar, Ilok, Poreč, Pazin) and approach in research was socio-cognitive TA. He finished TA in 2013. on Higher school of Clinical Psychology in Rome. He is a leader of Archdiocese's marital and family counselling in Osijek and Slavonski Brod and Counselling for victims of family violence in Slavonski Brod. He gives lectures on the psychology subjects on Catholic Faculty of Theology of Josip Juraj Strossmayer University in Osijek and on Croatian Catholic University in Zagreb. He published 10 science articles as author or co-author. He participated on domestic and international symposiums and he is current participant in two domestic scientific projects. In Osijek and Đakovo he works as psychotherapist. He is a member of Croatian psychology chamber, Psychology chamber of the Lazio region in Italy, and also member of UTA, EATA, ITAA and Italian association of TA.

Josip will give **workshop** on topic „**Socio-cognitive TA**“

*On this workshop it will be presented socio-cognitive TA, field that has been researched last few years, both psychotherapists and scientists form Italy. This approach has established Pio Sciligo with his associates. Participants will learn about specifics of this approach and learn it's basics. Through sharing ideas and actively participating in the workshop, participants will explore possibilities to use socio-cognitive TA in their work. Moving between the polarities of love and hate, freedom and control, participants will have opportunity to gain insight into uniqueness and beauty of these TA glasses.*

Date and time of the workshop: Sunday, 14.05.2017. from 15.45 until 17.30  
Language: Croatian



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## FEE AND CONTACT INFORMATION

Program will be in **Hotel International, May, 13.th and 14.th in Zagreb.**

<b>Fees:</b>		
	<b>Early bird:</b>	<b>Late bird:</b>
EATA/ITAA/TAUS/UTA members	70€ - 525kn	90€ - 675kn
NON-EATA/UTA members	90 € - 675kn	110€ - 825kn
Until	31.03.2017.	

In the **first break on Sunday** we invite to join our presentation on TAPACY program that has been held in schools and other educational centers in Croatia.

**Social event!** We invite you to join us on **Saturday, 13.05.2017. at 21h in Booze and Blues, Tkalčićeva street 84** where we can know each other better and share our TA experiences! Breaks are too short for that, aren't they? 😊

Until we meet in Zagreb, you are welcome to join us on our Facebook page where we release regularly information about TA Summer school:

<https://www.facebook.com/udrugatransakcijskeanalize/>

Save the date and come and join us!

For application and more information, contact: [tazg2017@gmail.com](mailto:tazg2017@gmail.com)

See you in Zagreb! 😊

Organizational team of EATA Summer School



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## Your organizational team of EATA Summer School 😊

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